

Celebrity Buzz

The final hours of DJ AM's life revealed
pg 18



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Stelmach pie thrower gets 30 days

SENTENCE A Calgary woman who tried to throw a pie at Alberta Premier Ed Stelmach during a Stampede breakfast has been sentenced to 30 days in jail.

Lily Phan was found guilty earlier this year of assaulting a sheriff and resisting arrest as he attempted to stop her from flinging pie filling at the premier on July 9, 2007.

The pastry didn't hit Stelmach, but the Crown argued her assault on the sheriff should be treated seriously.

The defence had argued it was Phan's first offence and didn't warrant a jail term.

Phan said she threw the pie filling at the premier to protest his policies on homelessness, poverty and the environment.

Former Alberta premier Ralph Klein was hit by a pie at a Stampede breakfast several years ago.

THE CANADIAN PRESS

Business pg 7

PetroChina invests \$1.9B in oilsands

Sports pg 9



Wozniak moves on at U.S. Open



TODAY • TUESDAY, SEPTEMBER 1, 2009

Protest PETA brings anti-seal-slaughter campaign to Edmonton

Stop Canada's Olympic Shame



"Bloodied" members of PETA make a stop in Edmonton on Jasper Avenue and 101 St. yesterday on their mission to stop seal slaughter. It's the latest salvo in PETA's campaign, which will continue up to and through the 2010 Winter Olympic Games in Vancouver.

CANDICE WARD FOR METRO EDMONTON
Survivor of crash mourns family

VICTORIA HANDSIDES
victoria.handsides@metronews.ca

TRAGEDY Tears streaked Lizyanet Berry's face as she was wheeled to the front of Central Baptist Church yesterday afternoon, to say goodbye to her husband and daughter.

"Human words don't cut it at a time like this," Pastor Jeremy Putz said to a packed audience of mourners. "Not in a way that builds hope when so much has been broken."

Colin Berry, 43, and Rachel Berry, 11, were killed in horrific highway crash in North Dakota on Aug. 11, when their vehicle crossed three lanes into the path of an oncoming semi truck. Lizyanet, the sole survivor from the family's minivan, escaped the collision with numerous broken bones and internal injuries.

Putz asked all in attendance to pray for Lizyanet in the "difficult days ahead."

Grieving friends and family described Rachel as having "a laugh as beautiful as a blooming flower" and "a smile as big as the ocean."

Colin was remembered for his devout faith in his religion and dedication to his family.

A trust fund has been set up at Canadian Western Bank to cover funeral and medical expenses.

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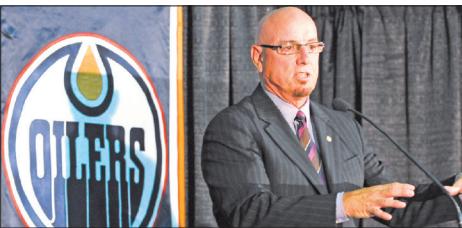
Oilers eye central location for arena

Development could revitalize the city's downtown core

The president of the Edmonton Oilers says the team's owner has secured options to buy land downtown for a new arena.

Patrick LaForge says the idea is to build a multi-use complex that would be a sports and entertainment magnet and would revitalize the downtown core.

Specifically, The Katz Group confirmed it has reached agreements to purchase two parcels of land in downtown Edmonton: the Baccarat Casino site and the block west of the Bell Tower and south of 104th Avenue. These lands are among others under consideration for the proposed development; no final decisions have been



Patrick LaForge, president of the Edmonton Oilers Hockey Club, announced plans for a new downtown arena.

made.

Darryl Katz pledged \$100 million towards a new arena for the Oilers when he bought the team last year.

"Choosing the site has a lot to do with what goes on it and how big it might be," LaForge said at a news conference yesterday.

"We're not down to just one place."

LaForge also says it's not clear whether Katz, a pharmacy billionaire who heads the Katz Group chain of Rexall drugstores across North America, would own a new building.

The answer is maybe. The development model for this project is yet to be discovered. It is a high priority for the group to work on."

He says the Katz Group is talking to developers, the City of Edmonton and the province about how to proceed.

A committee studying the proposed project said in a report last spring that a downtown arena in Edmonton was both feasible and desirable.

It suggested that a mix of public and private dollars could pay for a new \$450-million, 18,000-seat facility. The cost doesn't include the price of the land.

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COOP murder suspect arrested

Last night Edmonton Police arrested Jesse James Larose, 25, on a murder warrant. Larose was sought by police after the victim of an assault Friday Evening at the Boyle COOP store died Sunday of injuries. **METRO EDMONTON**

Local



Citizens sought for city boards

City officials are searching for everyday Edmontonians who want to share their opinions. Agencies, boards and commissions concerning various community issues are filled with citizens each year. Council is looking to fill a number of vacancies on advisory and decision-making boards on Aboriginal affairs, history, landlords and tenancy, combative sports and housing. To apply, visit www.edmonton.ca

METRO EDMONTON



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What's online today.

Video Michael Ignatieff rattles the election sabre again, telling Tories they are on "life support" at metronews.ca/canada

Blogs The Fix author Declan Hill joins It's Called Football to discuss match-fixing in MLS and around the world

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Family centre gets facelift

Norwood facility opens after six weeks of 'extreme makeover'

LINDA HOANG
for Metro Edmonton

Four-year-old Andrei Chorrohub enjoys his juice yesterday at the grand re-opening party for the Norwood Child and Family Resource Centre at 9516 114 Ave.

Families in the Norwood community rejoiced yesterday at the grand re-opening of the Norwood Child and Family Resource Centre.

The centre, located at 9516 114 Ave., had been closed as it underwent an "extreme makeover" for six weeks and has now emerged better than ever.

"We put all-new windows in, all-new flooring, all-new painting, all-new countertops, and it looks fabulous," said Bev Parks, executive director of the centre, which provides free early-start, head-start, after-school and literacy programming to families in

the area.

Luisa Magnan, 33, was one of the many parents

present for the party. Magnan has been taking her two children to the centre

for years, and even remembers coming to the centre herself when she was a child.

"We love it here. It's had such an impact on us," she said as she bounced her one-year-old baby in her lap and patted her two-year-old on the shoulder. "We just so look forward to Wednesdays because that's our day to come to Norwood."

The centre has been in the community for over 40 years, and now serves about 700 families.

"We've had families actually lie about their address when they've moved out of our geographical boundaries, so that they can come here. That's how important this community centre is to them," Parks said, beaming.

News in brief

FORT SASKATCHEWAN The identity of a 26-year-old man who died after a house fire in Fort Saskatchewan early Sunday has been released. Mark Duncan McDonell was found dead in the bedroom of his home at 9813 99th Ave., after a fire severely damaged the house. The cause of the fire is currently being investigated. An autopsy will take place later this week.

DRIVE SAFELY With school just around the corner, RCMP are reminding drivers across the province to drive safely.

Children may forget basic road safety rules as they walk, bike, and ride to school, causing an increase in traffic injuries.

"Children have difficulty judging oncoming vehicles' speeds," said Insp. James Stiles. "Drivers may find it harder to see children who are smaller in height." Drivers can be fined \$575 and lose four demerit points if they do not yield to pedestrians at a crosswalk.

METRO EDMONTON

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A Polish man charged with assaulting fellow passengers on an Air Canada flight to London, England, is going to be sent to his home country after a psychiatric assessment determined he has a mental illness. The scuffle prompted the pilots to divert the flight to St. John's, N.L. **THE CANADIAN PRESS**

Canada/World

Iggy to pull plug on Harper?

Michael Ignatieff says the Harper government is on "life support" — and he sounds like he may be ready to pull the plug.

The Liberal leader kicked off a summer caucus retreat yesterday on a hawkish note, suggesting he's keener to force a fall election than some of his strategists.

"We've kept this government on life support for 10

months," Ignatieff said, noting that Liberals supported last January's recession budget despite deep reservations. "But in June I made it clear that in a whole number of areas, the government's performance was letting Canada down and it hasn't got better over the summer."

Ignatieff backed away from the brink of an election in June after Prime

Minister Stephen Harper agreed to set up a bipartisan working group to study employment insurance reform.

But Ignatieff said the panel has turned into "a bit of a charade," with the Tories rejecting out of hand

his proposal to set a national standard of 360 hours of work to qualify for EI benefits.

The caucus retreat, which ends tomorrow, will be consumed primarily with the issue of whether the Liberals should finally vote to defeat the government during the fall sitting of Parliament, which resumes Sept. 14.

THE CANADIAN PRESS



Tories campaign against vote

STIMULUS The federal Tories stepped up their anti-election campaign yesterday, warning that a fall vote could threaten the fragile economic recovery.

Transport Minister John Baird, insisting an election would put stimulus spending on hold, said it would be irresponsible to topple the government. He noted the economy grew slightly in June and said it's impor-

tant to stay on course with stimulus plans.

Also yesterday, Tory campaign director Doug Finley sent out a fundraising pitch warning the Liberals are expected to launch a huge ad campaign after Labour Day. "I have no doubt that the Liberals will go to the wall with this campaign," Finley wrote, seeking funds to help the party "fight back."

THE CANADIAN PRESS

News in brief

LOTTO Ontario's lottery and gaming corporation was overhauled yesterday as the province's finance minister fired its CEO and replaced the entire board of directors. The auditor general was also brought in to review questionable spending at the Ontario Lottery and Gaming Corp., which included one executive charging taxpayers almost \$500 for a nanny.

THE CANADIAN PRESS

HEALTH A Calgary-area man has the first human case of West Nile virus in Alberta this year, Alberta Health confirmed yesterday. Though the man travelled to Saskatchewan, it's believed he caught the virus in Alberta. West Nile is carried mostly by the Culex Tarsalis mosquitoes, typically at their peak in July and August. Last year one human case of the virus was reported in the province.

METRO CANADA

Election complaints no surprise: Monitor

FRAUD ALLEGATIONS The sheer volume of accusations of ballot box stuffing, fraud and voter intimidation in the Afghan presidential election may be disappointing but it doesn't come as a surprise to the head of the UN-backed Electoral Complaints Commission.

Grant Kippen, a Canadian as well as the man who chaired the commission during the previous election in this politically-volatile country, said he expected a lot of complaints — again.

The commission has received more than 2,000 complaints from all of the candidates in the Aug. 20 vote. Investigations are focusing only on the more serious allegations brought forward. "The ones that we have given top priority — some 613 complaints — are the ones we're focusing on at the moment," Kippen said yesterday in a telephone interview with The Canadian Press.

"They have the potential to change election results."

THE CANADIAN PRESS



AP/WIDEWORLD

A burned traffic sign sits on a highway near Los Angeles. California fire doubles in size

FIRE A massive fire in the Los Angeles area nearly doubled in size overnight, threatening 12,000 homes yesterday in a 32-kilometre-long swath of flame and smoke.

At least 6,600 homes were under mandatory evacuation orders and more than 2,500 firefighters were battling the flames. On the blaze's northwestern front, two firefighters were killed Sunday when their truck drove off the side of a road.

The fire was the largest of at least eight burning up and down California after days of high temperatures and low humidity. The Los Angeles-area blaze had burned at least 21 homes and was moving north, south and east through the rugged foothills northeast of the city. "It's burning everywhere," U.S. Forest Service spokeswoman

Five trapped

- The Los Angeles County Sheriff's Department says five people who refused to heed wildfire evacuation orders are trapped in a canyon and it's too dangerous to rescue them. Yesterday they called for help because they were unable to leave a ranch in Gold Canyon.

Dianne Cahir said, "If you have any insight into the good Lord upstairs, put in a request." More than 20 helicopters and air tankers were preparing to dump water over the flames. Two Canadian Super Scoopers, giant craft that can pull thousands of litres of water from lakes and reservoirs, were expected to join the fight later in the day. THE ASSOCIATED PRESS

News in brief

CLIMATE CHANGE The world needs more innovative projects — like putting weather stations on cellular phone towers across Africa — to help it cope with increased hurricanes, tsunamis, droughts and floods, former UN chief Kofi Annan said yesterday. "We cannot hope to manage climate change unless we measure it accurately," Annan

told 1,500 officials, diplomats and scientists as a weeklong UN meeting opened on adapting to climate change.

MEXICO Hurricane Jimena roared toward Mexico's resort-studded Baja California Peninsula last night. Jimena is just short of Category 5 status — the top danger rating for a hurricane. THE ASSOCIATED PRESS

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Comment

Lessons from Einstein

National Report

Lawrence Martin

Albert Einstein detested rote learning. Students returning to school next week might be encouraged to know that the renowned physicist who unlocked mysteries of the universe was no genius in the classroom.

At 15 he was ushered out of one school owing to undistinguished performance and impudence. Later, at Zurich Polytechnic, he flunked a course in physics of all things, scoring the lowest grade possible. He graduated, but near the bottom of his class.

The reason for Einstein's early scholastic mediocrity was that teachers — as many still do today — re-

warded regurgitation as opposed to imagination. His strength was the latter. In his engaging biography of Einstein, Walter Isaacson shows how his contrarian, independent nature made his breathtaking discoveries possible. He was always resisting conventional wisdom and always standing up against what was known in German as *zwang*. It means compulsion, coercion, having to submit.

For Einstein's liking, too many mechanically obedient automaton walked the halls. In their rush to conform they left their brains behind. Conformists were losers. Their "foolish faith" in authority was "the worst enemy of truth."

Today's teachers, es-

specially if they're the enforcer types (we'll call them zwangers), might not like Einstein's pedagogical theories making the rounds. No telling what a rash of independent thinking might do.

In Einstein's day, *zwang* held sway at the student and the political level (Nazis). He left Europe for the freedom of Princeton University, a freedom that was interrupted by McCarthyism. His non-conformist passions, the key

behind his theory of relativity, extended to politics in his continuing campaigns against nationalism and in his promotion of pacifism.

His example, as Isaacson points out, is vital today. Conformists in the centres of learning, conformists in politics, are still

dominant. We see how pressures accumulate on Barack Obama to water down his promise of universal health care and other planks in his change agenda. We see how Liberal Leader Michael Ignatieff, a creative, independent thinker, has been muted by pressures to conform and is criticized for spending too much time learning abroad.

In too many disciplines, today's leaders are consensus seekers as opposed to consensus changers. The key in schools, in politics, is to foster an environment that is creative. "I have no special talent," Einstein once said. "I am only passionately curious."

Let the mind roam, he advised and keep it roaming. Indolence, he told his unemployed son, is a killer. "Life is like riding a bicycle," he said. "To keep your balance you must keep moving."

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

Breaking down bankruptcy numbers

Views

InBusiness

Charles Davies

metronews.ca/inbusiness

Bankruptcies are up, to begin with. There is no doubt whatever about that.

The researchers at Statistics Canada must have felt positively Dickensian when they reported there were 14,148 bankruptcies either declared or proposed in June, 51 per cent more than in June 2008. For the 12 months ending with June, bankruptcies were up nearly 29 per cent to 143,883. That's a lot of financial misery, and about what you would expect during a severe recession.

The trouble is, those big numbers don't mean much unless you break them down. And when you do, they tell a more optimistic story of what's happening in this country.

It turns out that almost 96 per cent of those June bankruptcies were personal while fewer than four per cent were business. Over the previous year, it was the same story: 95 per cent of bankruptcies were personal; the rest were businesses.

In fact, business bankruptcies in Canada have been in a long-term decline: Since 1990, the annual total of business failures has dropped 47 per cent, and since 2000, the fall-off is 39 per cent. There are a number of reasons for this.

A Compas poll of business leaders in May report-

ed that most of those surveyed thought the Canadian economy was inherently more stable than the U.S. economy and that we enjoy a strong, well-regulated financial system. Yes, there were valid complaints in the early stages of the recession that our banks were clamping down on credit. But unlike U.S. banks that went all-in with subprime lending, Canadian banks at least had money left to lend, which has begun to flow again.

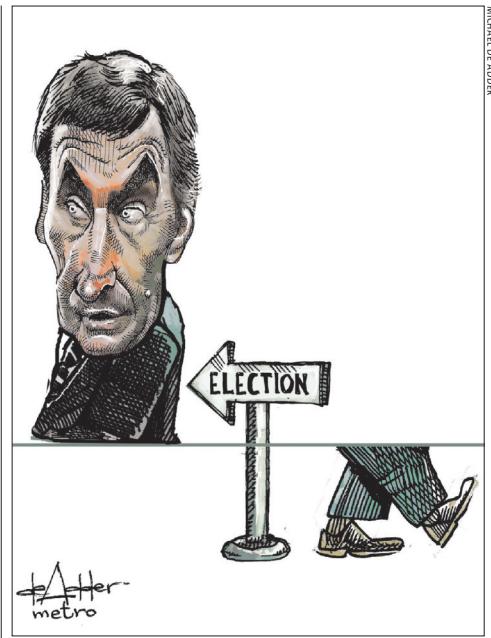
It also helps that Canadian companies have been gradually weaning themselves off excessive reliance on the U.S. market. Admittedly, Canadian exporters still send two-thirds of all shipments to the U.S., but only six years ago it was closer to three-quarters.

And it isn't just Canadian

banks that are cautious. Most companies tend to be fairly conservative, keeping their balance sheets relatively unencumbered by too much debt. They are also careful to develop strong positions in both domestic and export markets. Companies are getting better at workouts, doing restructurings with creditors to keep themselves going. They're also good at taking action when times get tough. As ugly as it sometimes seems, they know how to cut costs and, unfortunately, jobs, but it keeps them alive to grow another day.

In the real world, it's the Bob Cratchits who usually go under. Scrooges seldom do.

Charles Davies is a veteran business writer who has worked for Canadian and international news organizations.



Worth mentioning

Canadians dared to help African AIDS projects

You can lace up your running shoes, but you can also host a dinner party, yodel on the subway or carry a canoe through city streets to raise money to fight AIDS.

Whatever you choose, preposterous or not, it's a dare.

That's the message being sent to Canadians by a new fundraising initiative from an AIDS group started by Canada's former United Nations ambassador Stephen Lewis, now a professor of global health at Hamilton's McMaster University and co-director of

Stephen Lewis



AIDS-Free World.

The Stephen Lewis Foundation, which supports hundreds of community-based organizations sustaining people affected by HIV/AIDS in 15 African countries, launched the Dare to Remember campaign yesterday.

Participants can set a fundraising goal and spread the word about what they plan to accomplish by creating a personal web page at www.adaremember.org.

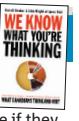
The dares will be enacted during the week of Oct. 17, in celebration of the courage Africans touched by HIV/AIDS show daily.

THE CANADIAN PRESS

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Bell and Microsoft going separate ways

Consumers who go to Sympatico.MSN.ca will be redirected today as Bell and software company Microsoft Corp. part ways to win readers and online advertising dollars. THE CANADIAN PRESS

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA



Recession finally over, or is it?

Politicians and economists are warning of tough times continuing despite data yesterday that signal Canada's recession ended in June and the current summer quarter will produce the first quarterly growth since last fall.

June's 0.1 per cent output gain was lower than

3% Merrill Lynch chief economist Sheryl King said the rebound could actually hit three per cent in the third quarter, far higher than Bank of Canada's call for a 1.3 per cent advance. consensus expectations, and other indicators suggest the economy is still

not poised for the kind of bounce-back that would set champagne corks popping, analysts noted.

More worrisome, several economists said a double-dip slump was still a possibility next year once extraordinary U.S. government spending peters out.

Technically, the reces-

sion will not be declared over until numbers on third-quarter activity, the July-to-September period, are known later this year.

But economists say that is a formality since enough is known about how the economy fared in July and August to make growth in the third quarter a fore-

gone conclusion.

Economists expect output to experience a spurt during this quarter, in part because the second quarter was weaker than expected, and because of the auto sector restart in July. But most agree growth will be slow for the rest of this year. THE CANADIAN PRESS

PetroChina sinks \$1.9B into oilsands

ENERGY PetroChina yesterday agreed to pay \$1.9 billion for a 60 per cent stake in two planned Canadian oilsands projects, China's biggest investment yet in one of the world's largest untapped oil regions.

PetroChina, the world's most valuable oil company, has signed an initial agreement to take majority control of the proposed MacKay River and Dover oil-sands projects owned by the closely held Athabasca Oil Sands Corp (AOSC), the Canadian company said in a release.

PetroChina's international arm will also provide some financing for AOSC, which controls about 1.3 million acres of oilsands properties in Alberta.

"PetroChina is probably looking to lock in a sizable position in the oil sands," said Chris Feltin, an analyst at Tristone Capital.

"But it's going to take a long time to develop Athabasca's projects."

The oilsands in northern Alberta have the largest crude reserves outside the Middle East.

But China has so far made only very small investments in the oilsands.

Investing

- PetroChina is the first major player to invest in the oilsands region since oil prices plunged last year and billions of dollars worth of projects were cancelled.

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Shanghai surprise Index sinks



An investor looks at indexes in Shanghai yesterday. China's main stock index sank 6.7 per cent on heavy selling of market heavyweights triggered by renewed worries over potential liquidity tightening. The Shanghai Composite Index lost 192.94 points to 2,667.75, its lowest close in more than three months.

REUTERS

Interested in buying a hotel?

MONEY If you're in the market for a hotel, now may be as good a time as any, according to a report by Colliers Hotels International. But buyers have to be prepared for a rough road ahead as the economy takes a toll on travel.

Hotel values have taken a hit as buyers stay away from a property segment that has been bruised by poor tourism and corporate travellers. A severe credit crunch that has banks leery of lending to the commercial real estate sector has also caused buyers to stay put. As a result, hotel sales across Canada totaled \$157 million in the first six months of the year. That compares to \$621 million or a steep 75

Big sale

*The largest sale nationally this year was the 88-room Travelodge hotel in downtown Toronto for \$21,875,000 in April.

per cent drop from the first half of 2008, according to Colliers in a report released yesterday.

"This is clearly a reflection of the markets today. You have a tough funding environment and we are seeing the full impact of what the economy's been through on the hotel sector," said William Stone, executive managing director of Colliers hotels.

TORSTAR NEWS SERVICE

Business in brief

CARS Toyota will probably shift production of the Matrix crossover vehicle from Cambridge, Ont., to Woodstock, Ont., within the next year to make room for more output of the popular Corolla compact in a move that should create several hundred jobs, sources say. Toyota Motor Manufacturing Canada Inc. wouldn't confirm the move yesterday but sources familiar with the automaker's plans said the company will jack up output of the Corolla and Matrix in Cambridge starting next month in advance of the transfer. TORSTAR NEWS SERVICE

Throwing Bricks at Labatt's house

BEER WARS Just two months after tiny Brick Brewing Co. Ltd. settled a trademark dispute with multinational giant Labatt Canada over similarities between the packaging of its Red Baron beer and Labatt's Brava, the head of Ontario's largest independent brewery, George Croft, is at it again.

This time, Brick Brewing is taking aim at Bud Light Lime, another brand in Labatt's global portfolio, with a version of Red Baron that is both light and limey. And lower priced.

Labatt is owned by the world's largest brewer, Anheuser-Busch InBev, a U.S.-Belgian merger that brought together the makers of Bud and Stella Artois.

TORSTAR NEWS SERVICE

Your Money

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

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MoneyMatters

**Henry
Choo
Chong**[metronews.ca/moneymatters](#)

Payday loans? No way

Q Several months ago, I lost my job. My wife and I must have visited more than four banking institutions. They all turned us down for a temporary loan. Although my wife continues to work, her income is insufficient to qualify. Last week, she used a "payday loan" store to temporarily meet our short-term obligations. Why are there not other alternatives for families that are hurt by the recession?

— Corey and Jessica

A Contrary to belief, banks do not provide loans based on

need but the ability of the individual to repay. In these tumultuous times, financial institutions must be prudent with lending. We have seen how lax lending practices have devastated the U.S. economy. Definitely not a practice Canadians want to copy.

Payday loans are lenders of last resort. These loans should not even be in your list of lenders that money can be obtained. Unfortunately, more than two million Canadians disagree and use the services of payday loans. It's a travesty that there are not alternatives that educate users to

seek and obtain less costly financing. Average income of users is between \$35,000 to \$41,000.

Exhaust these methods to obtain your loans:

- Refinance mortgage — some banks offer deferral of mortgage payments
- Line of credit
- Second mortgage
- Consolidate loans
- Other financial institutions beside banks
- Family, friends, neighbours (swallow some pride)
- Liquidate assets such as furnishings and stocks, etc.

Henry Choo Chong, CGA, can be reached at choochonghcga@yahoo.ca.

Be especially vigilant of pricing in grocery stores where errors easily go unnoticed.

Price check, please

AlisonOnMoney

**Alison
Griffiths**[metronews.ca/alisononmoney](#)**Alison's
Money
Rule:**

made, particularly with sale prices and deals such as two-for-one or buy one get the second at 50 cent off.

A couple of months ago I took advantage of a clothing sale.

The cashier missed one of the discounts when she entered them manually. The difference was \$14, not chump change. You should be especially vigilant in grocery stores or anywhere you might purchase multiple items.

It is very easy to overlook an error among 20 or more things.

I dislike the trend to bag your own and swipe your own purchases at checkouts because it is difficult to monitor prices at the same time. Think Saturday afternoon at the grocery store with a toddler in your arms and an impatient line up behind. Pressure!

I guarantee that mistakes are made in the course of your consumer life. So, follow these three steps to put money back in your pocket: Watch, Compare and Question. 1. Watch the checkout display. 2. Compare the charge or sales price to what you recall on the shelf or label. 3. Question anything you think is wrong.

Checking your receipts and doing a bit of mental math is a habit that will pay you back — literally.

You might wonder why anyone would buy a Toronto Blue Jays' pen as another lame duck baseball season ends. But sometimes need overwhelms good sense.

My 23-year-old daughter, who happens to be deaf, wanted to write a note to a companion during a recent and rare Jays' win. No one had a pen so she dashed to the concession.

Afterwards she noticed

- Check your change and your receipts. Small transaction errors add up to big bucks lost.

Even with today's swipe systems, mistakes are

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It's Called Football

Declan Hill, author of *The Fix*, joins Ben Rycroft on *It's Called Football* to discuss match-fixing in MLS and around the globe. To watch the interview, visit metronews.ca/blogs

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Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

NHLPA dumps boss

Union doesn't give reason for Kelly's ouster

Once again, the National Hockey League Players' Association is looking for an executive director.

The NHLPA's executive board voted "overwhelmingly yesterday to relieve Paul Kelly of his duties as executive director, effective immediately."

No reason was given in a statement from the NHLPA. But a review of Kelly's performance over the summer produced a list of issues players had with his leadership, said Buzz Hargrove, the former Canadian Auto Workers boss who is now interim ombudsman for the NHLPA.

"I don't think you can point to any one (issue) and I'm not prepared to name one," he said, adding

Position history

- Kelly succeeded Ted Saskin, who was let go in May 2007 amid allegations of monitoring players' email. Saskin had taken over when Bob Goode now stepped down under

pressure from the players on July 28, 2005, only two weeks after a collective bargaining agreement was signed to end the lockout that wiped out the entire 2004-05 season.

that "people had just lost confidence that Paul was the one" to lead the union.

The NHLPA executive board, which consists of one player representative from each of the 30 NHL teams, made the decision at its annual meeting in Chicago.

NHLPA general counsel Ian Penny will serve as the interim executive director while the association puts together a search committee.

tee to identify potential candidates for a replacement.

Hargrove said he would not be a candidate and could not say if the new boss would be an outsider or someone currently working for the union. Penny is thought to be a contender for the job.

Kelly, who had been on the job for less than two years, was not available for comment. **THE CANADIAN PRESS**



IMMEDIATELY IMAGES

Aleksandra Wozniak returns a shot against Laura Granville during day one of the U.S. Open in New York City yesterday.

Wozniak advances at Open

TENNIS Aleksandra Wozniak advanced to the second round of the U.S. Open with a straight-set win over American Laura Granville yesterday while fellow Canadian Peter Polansky flirted with the biggest win of his career before losing to Spain's Guillermo Garcia-Lopez.

Wozniak, a native of Blainville, Que., beat Granville 6-1, 7-6 (7) while Thornhill, Ont., native Polansky fell 6-4, 6-4, 5-7, 3-6, 6-1 to Garcia-Lopez. Va-

lerie Tetreault of Ste-Jean-sur-Richelieu, Que., was also eliminated after a 6-3, 4-6, 6-1 loss to Magdalena Rybarikova of Slovakia.

"I had a little trouble closing it out, but it's good to get some emotion early in the tournament," said Wozniak.

The 39th-ranked Canadian was unable to convert two set points in the tiebreaker against the 364th-ranked Granville and was then forced to save a set point. **THE CANADIAN PRESS**

THE ASSOCIATED PRESS

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The NFL has decided that players will be allowed to use social media networks this season before and after games, but not during them. The use of social media by NFL game officials and officiating department personnel will be prohibited at all times. THE ASSOCIATED PRESS

Felicien takes silver at British Grand Prix

Canadian hurdler Perdita Felicien is back on the podium after struggling to a last-place finish at the recent world track and field championships.

The native of Pickering, Ont., captured a silver medal in the 100-metre hurdles at the British

Grand Prix yesterday in a time of 12.95 seconds. World champion Brigitte Foster-Hylton of Jamaica won gold in 12.88 while American Virginia Powell was third in 13.21.

Felicien, a former world gold and silver medallist, clipped several hurdles in

Local runner places 7th

- In other Canadian results yesterday, Megan Metcalfe of Edmonton was seventh in the

3,000 metres while Nathan Brannen of Cambridge, Ont., was fifth in the 1,500 metres.

limping to a last-place finish in 15.53 seconds at the

world championships in Berlin on Aug. 19.

She said after the race that her calves cramped up and she was in distress while setting up her blocks. She tried to walk it off, but her legs wouldn't loosen up. Priscilla Lopes-Schliep of Whitby went on to finish second to Foster-Hylton and take

home the silver.

Meanwhile, Tyson Gay won his first race since a second-place finish at the world championship. He then said he would be having surgery at the end of the season to cure a lingering groin injury.

THE ASSOCIATED PRESS

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Sports in brief

COURT Lawyers for retired NBA star Jayson Williams say his convictions related to a fatal shooting should be thrown out because of prosecutorial misconduct. In 2007, the Hunterdon County Prosecutors Office disclosed that an investigator used a racial slur in reference to Williams in 2002. Williams' lawyers argued in court yesterday the failure to disclose the remark before the trial constitute misconduct.

NFL Rookie coach Todd Haley fired Chan Gailey as the Kansas City Chiefs' offensive co-ordinator yesterday and assumed the role himself, 13 days ahead of the season opener at Baltimore.

FEDOROV A Michigan judge says former Detroit Red Wings star Sergei Fedorov is entitled to \$60 million US from a man accused of failing to meet a loan obligation to the hockey player. Fedorov says Joseph Zada of Grosse Pointe Shores swindled him out of \$43 million during the past 11 years. He allegedly promised to repay the former player \$60 million by April 20.

BASEBALL The Kansas City Royals have extended general manager Dayton Moore's contract through 2014. Despite one of the team's most disappointing seasons in years, Royals owner David Glass said two weeks ago that Moore and manager Trey Hillman would remain. Glass kept his word yesterday. Terms were not disclosed.

METRO NEWS SERVICES

All through history the great religions have spoken to the return of a future Teacher. The Christians hope for the return of the Christ, the Buddhists look for the coming of a new Buddha, while the Muslims await the Imam Mahdi, the Hindus a reincarnation of Krishna and the Jews the Messiah. How will we know Him? Surely He will ring our hearts with a message of sharing, justice and brotherhood. How can we prepare the way for Him? Each day brings opportunities, large and small, to act in favor of unity and justice. Our willingness to share will make a real difference in our world.

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the Bay

Learning Curve

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Schools putting focus on safety



At the University of British Columbia, there's a system that sends important campus alerts to students through text messaging.

RAFAEL BRUSILOW
for Metro Canada



Good security is crucial to a safe campus and requires a combination of traditional and technological approaches to make places of study safe for students.

At the University of British Columbia, the growing excitement of the upcoming 2010 Olympic

Winter Games has also seen an increase in security preparation through good old-fashioned boots on the ground. UBC has increased staffing levels to about 100 security staff and created a zone-patrolling model where each area of the campus is patrolled on foot simultaneously, 24 hours per day, seven days a week.

UBC campus security director Tony Mahon says his

team is always collecting and analyzing statistics on movements of people throughout the school and making changes on-the-fly.

"We do an awful lot of statistical analysis so that we are ready to strategically deploy people in the right place at the right time," Mahon said.

It certainly can't hurt that the RCMP has kept a 17-person detachment directly on campus for many years at UBC. Despite the strong in-person presence of security staff on campus, the school hasn't eschewed the power of technology, operating a digital emergency response system that sends important alerts instantly to students through text and voice messaging and even through instant messaging.

At Humber College in Ontario, technology is at the forefront of security with a digital closed-circuit television monitoring system, including more than 200 cameras across campus, including within residences.

Combined with regular foot patrols, the camera system means campus security can monitor suspicious activities instantly and be on-site in less than a minute — not bad for a campus that spans more than one million square feet.

Most importantly, Gary Jeynes, director of Public Safety at Humber College, says students themselves are a crucial part of the safety picture.

"We want our students to be our partners and we rely on them as partners in making campus safe."

Gary Jeynes

"We want our students to be our partners and we rely on them as partners in making campus safe. I always say we have 18,000 pairs of eyes on campus," Jeynes said.

The school also has about 100 large emergency phone stations dotted throughout campus equipped with cameras and an intercom system that can pick up sounds clearly from up to 50 feet away, letting security staff hear exactly what's happening during an emergency, even if they can't see it directly.

Jeynes says most students entering higher education these days are much more knowledgeable about personal safety than previous generations, so Humber gears safety orientations more towards educating students about how to make the most of campus security services.

"The kids coming through from high school are pretty street smart. They're very bright people and my view is very few of them do things wrong — they might just not know how to access important resources," Jeynes said.

Planning key to saving during the year: Expert

When money gets tight, how do students cope? According to a new poll from RBC, in the latest year, 61 per cent spent less on food, 57 per cent spent less on alcohol, 23 per cent didn't buy all the books they needed, and 11 per cent paid their tuition late.

"Managing your money can lead to tough, and in some cases troubling, decisions," says Kavita Joshi, director of student markets at RBC.

"Students need to take care of themselves physically, academically and socially while in school. There are ways to do it without breaking the bank."

So how can students cut back without compromising? By planning, says Joshi.

"It costs money when you don't plan," she says. "You end up doing things like grabbing the nearest

meal because you didn't take lunch to school. It might be good and fast, but it's not necessarily cheap."

Certain student expenses are fixed. But it's discretionary spending that drives up costs, says Joshi, and can lead to drastic measures. This is where students need to plan the most.

"Students can be frugal, but it takes forethought, whether planning your meals, buying second-hand books, or searching for fun and funky clothes or furnishings at thrift stores," Joshi says.

For help on evaluating student expenses and adjusting spending, Joshi recommends using a budget calculator.

"When you spend time planning," says Joshi, "you can plan to spend."

NEWS CANADA

Welcome Back!

The Edmonton Catholic School District welcomes all students to an exciting year of learning when classes begin on Wednesday, September 2nd.

In preparation for the first day of classes, our schools will be closed on Tuesday, September 1st.

We pray that the 2009-2010 school year will be a time for our students to grow in the Spirit of God's love.



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Former NAIT student eyes WorldSkills prize

KENDALL WALTERS
for Metro Edmonton

A NAIT graduate will represent the entire country at the trade and vocations equivalent of the Olympics this month.

Former NAIT student Karl Loos, 20, will compete in the computer numeric control (CNC) millwork category at the WorldSkills Calgary 2009, which kicks off today and runs until Saturday.

Loos started machining when he was only 14 and began attending NAIT more than four years ago.

"He did get trained at NAIT," said Dave Grabski, Canadian CNC milling expert and NAIT teacher. "So he's learned through our staff members through the years."

Loos now works at Quantum Machine Works, his family's business in Whitehorse, Yukon.

"I train every day during my work," he said. "My bosses have been really good about getting me really difficult milling jobs to practise on."

In order to qualify to compete at WorldSkills, Loos first had to win a provincial competition

"I feel ready. I think I'll do all right."

Karl Loos

and then the national competition in CNC mill-work.

"Karl's quite unique," Grabski said. "When he won the nationals, he did a back-flip up on stage and got his medal."

Since then, Loos has travelled to Toronto, Chicago, Seattle, Vancouver and Edmonton from his hometown of Whitehorse for training.

He actually benefits

quite a bit from this, Grabski said.

Loos, along with the more than 900 competitors from more than 50 countries, will be competing in 45 different skill categories, all held in Calgary's Stampede Park.

The four-day competition is bookended by opening and closing ceremonies, as well as a celebration of the event champions at the CFL Labour Day Classic football game. These are the only ticketed occasions of the entire event. Everything else is free and open to the public.



The WorldSkills Calgary 2009 competition runs until Saturday.

The CNC milling category will comprise of four separate projects to be completed by contestants. According to Grabski, who helped create the projects, one of them will take four hours to complete. The other three will require six hours each.

Canada came in ninth at the last WorldSkills with 71 per cent scored on projects; Japan was first with 97 per cent.

Grabski and Loos have high hopes for this year though.

"I feel ready," Loos said. "I think I'll do all right."

Learning Curve is a monthly feature that focuses on education and student life. Next month's issue comes out on Oct. 6.

Your safety is 'up to you'

RICHARD WOODBURY
for Metro Canada



The key to staying safe on campus revolves around using common sense and taking responsibility for one's own actions.

"It's now up to you," says Chris Goss, the operations manager of the University of Waterloo Police Service.

Goss says there are supports available at the university and he encourages students to use them, but ultimately it comes down to personal responsibility.

At campuses across the country, schools focus on educating first-year students about what they should and shouldn't be doing to remain safe on campus. Most schools also have things like safe walk programs, counselling services and emergency phones in place to make the campus a safer place.

Goss says it's important students be aware of the

resources available to them, before they need them. He also recommends students get to know their campuses and find out where things are located.

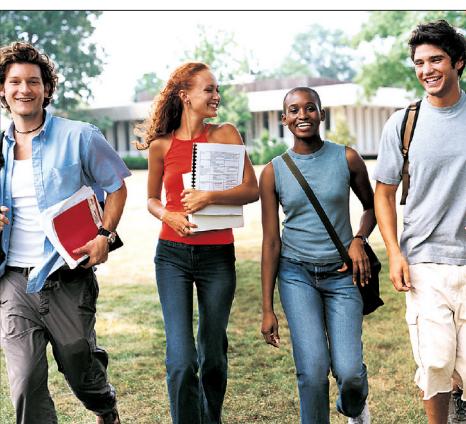
The biggest safety issue at Canadian universities is theft, says Bill Mowbray, the director of campus security services at the University of Alberta in Edmonton.

He says students should never leave behind their personal possessions, even if it's just for a minute. Mowbray also recommends that bike riders get proper locks for their bikes and not just use a chain lock. For students in residence, he recommends locking the door if they leave their rooms.

Mowbray's advice is simple when it comes to preventing theft: "Lock it up or take it with you."

The newfound freedom of being away from home for the first time, along with the stress that can

DIGITAL VISION PHOTO



Most schools have safe walk programs, counselling services and emergency phones to keep their students safe on campus.

come with it means some students turn to alcohol.

"Drinking to excess brings with it its own issues," says Mowbray, such as loss of property and physical and sexual assaults.

"Don't drink to excess," he cautions. "Have a good time. Have a couple drinks with your friends, but always be aware of what's around you."

Although university campuses are very safe, people must not get complacent, says Mowbray.

"University campuses are the safest parts of our city," he says. Historically, they have been that way. People get lulled into that false sense that it's always that way."

If something is wrong, students must talk to somebody, says Gayle Churchill, the director of student life at Mount Allison University in Sackville, N.B.

"That's the big thing," she says. "To take that step to talk to somebody, whatever it might be."



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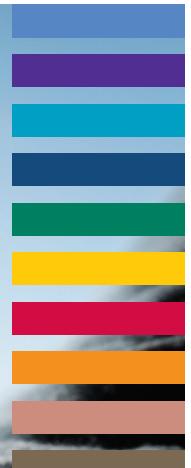
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* Completion of a BScN degree is required to write the Canadian Registered Nurse Examination

14 learning curve

Schools prep for H1N1 flu

As students stock up on school supplies and get ready to hit the books this fall, post-secondary institutions are making preparations of their own, fine-tuning their action plans in the event that H1N1 flu cases surface on campus.



People are infectious two days before they show symptoms, so quarantining them isn't very effective, experts say.

The Public Health Agency of Canada says that under the Canadian Pandemic Influenza Plan, all large institutions — including colleges and universities — are encouraged to have pandemic preparedness plans.

But when it comes to emergency planning, universities are hardly starting from scratch. In fact, many are tailoring existing strategies to address a potential flu outbreak and the possible ripple effects that could have an impact.

Both Montreal's McGill University and Simon Fraser University in British Columbia had much of their planning done to address another strain of flu — H5N1, or avian flu.

Dr. Pierre-Paul Tellier, director of student health services at McGill, said the university has been much more active since the H1N1 epidemic was observed in

Mexico this past spring and later declared a pandemic.

Tellier said there are weekly planning meetings involving individuals representing various groups including human resources, student representatives and communications staff.

They are preparing documents to go out to students arriving in residence telling them what to do if there is an issue surrounding H1N1, how to take care of themselves and where to seek care. In addition, a website is being developed to provide information.

"The worst part of any of these health crises is not the disease itself," said Tellier. "It's really dealing with the population around who become very anxious and very stressed and that you have to ... constantly clear up issues and matters on an ongoing basis, and that's where a lot of your energy is spent."

Apollonia Cifarelli, director of environmental health and safety at Simon Fraser University, said educating people on infection control has been their primary focus.

In addition to spreading the word about sneezing etiquette and proper hygiene techniques, they are encouraging faculty to do the same by providing information to students and making them aware of health services on campus.

"People are infectious two days before they show symptoms, so quarantining people is really not going to do a heck of a lot," she said from Burnaby, B.C.

"We are reminding people this is really, in essence, this is the flu — it's the seasonal flu," she added. "The main difference is that we have no vaccine for this flu at this point in time."

THE CANADIAN PRESS



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the  Bay



Got a tough stain that won't budge? Tide offers a new line of stain boosters to target these stubborn mishaps. The 18-pack in-wash booster, left, works by dropping a pouch into your regular wash. Available for \$12.99 at drugstore.com. METRO NEWS SERVICES

Get rid of tough stains

Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Moving on is the best revenge

New series helps women get back mojo

The J Spot

Josey Vogels

metronews.ca/thejspot

When you get burned by love, revenge often feels like the best, well, revenge.

But, while gathering the contents of your ex's closet into the middle of the kitchen floor and dumping the entire contents of the fridge on them may feel cathartic (yes, a friend of

mine actually did this), it's a bit — okay, a lot — childish.

The eight women in Re-Vamped, a new series premiering this Sunday on the SLICE Network, are after a more healthy, satisfying and long-lasting type of revenge — self-empowerment. Oh, and the joy of making your ex crazy when he sees you've learned to become a smokin' burlesque dancer, of course.

Each woman in Re-Vamped has her own relationship horror story: one

was dumped on her birthday for her best friend (and cousin); another was rejected by her long-term boyfriend via email while battling cancer. Yet another's 21-year relationship came to a halt when she discovered that her partner was being unfaithful. Ouch.

Given this, these women are above indulging in a little

petty ex-bashing, but the main focus of the six weeks in "Camp ReVamp" is to help these women rebuild their lives, their self-esteem and to get back their dating mojo.

I had the pleasure of

Re-Vamped
premieres
Sunday on
Slice



PHOTO COURTESY OF SLICE

The J Spot columnist Josey Vogels offers heartbroken women her advice on how to get back into the dating game on Slice network's Re-Vamped series. Catch her in the Oct. 11 episode.

helping these women with that last bit as a guest expert on episode six in which I coach the women through a speed-dating event and help them polish up their rusty dating skills.

Nothing like eight minutes during the course of an hour under the watchful eye of me, the camera and entire film crew to whip you back into dating shape.

The series ends with the women putting on a burlesque show for friends and family and, yes, even some exes. Hey, what good is all that work if you can't rub it in his face a little?

But, most importantly, Camp ReVamp shows that, while this kind of momentary revenge can be sweet, getting your life together and moving on is much,

much sweeter.

Re-Vamped Premieres Sept. 6 on Slice. Yours truly appears in the Oct. 11 episode.

• Post your best break-up revenge stories in the comments section of The J Spot online at metronews.ca

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

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Rambo suiting up again

John Rambo is gearing up for his fifth mission. Sylvester Stallone will star and once again resume directing duties in the followup to his 2008 film Rambo. According to variety.com the plot will revolve around human traffickers and drugs near the U.S.-Mexico border. [ANANOVA.COM](#)

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

DVD picks**State of Play**

Director: Kevin Macdonald

A THRILLER ABOUT righteous newspaper reporters seems boldly nostalgic in 2009, but it's a "B" movie with an "A" cast furiously pounding the pavement.

Director Kevin Macdonald (The Last King of Scotland) and his committee of screenwriters have, like newsroom rewrite aces, boiled down the essentials from a lauded BBC miniseries of the same name, shifting locales from London to Washington, D.C.

Russell Crowe is rumpled and cynical Cal McCaffrey, scribbler for the fictional Washington Globe. He has no use for the Internet, especially when his editor (Helen Mirren) compares him unfavourably to blogger Della Frye (Rachel McAdams). Cal and Della end up working together, connecting the dots of a case that begins with the apparently random shooting of two strangers in an alleyway and the accidental death of a politically connected woman.

There are more red herrings than in a Moscow fish market, but Macdonald has chosen not to overstate the print-vs.-online feuding that ceased being interesting around the time Al Gore invented the Internet.

Peter Howell/for Metro Canada

Kenya's Style**Kenya Hunt**

Read the blog at [metronews.ca/kenyasstyle](#)

For complete online movie listings, trailers, reviews and tickets, visit:

**Queen Idol**

Queen Latifah has dismissed reports she'll be Paula Abdul's permanent replacement on American Idol, but reveals she has signed on to be a guest judge on the hit TV show.

[FEMALEFIRST.CO.UK](#)

Big night for Daytime Emmys

Future of TV a hot topic on red carpet

It was pushing 37 C as nominees made their way down the red carpet before entering the restored — and gloriously air-conditioned — Orpheum Theatre in Los Angeles for the 36th annual Emmy Awards.

"I feel like a roast chicken," noted a glistening Emily O'Brien, nominee as outstanding younger actress in a drama series for The Young and the Restless. "This is like an oven," she said. "I'm almost done."

A bit of heat is one thing daytime television's long-time mainstay, the soap opera, could use these days. Overall viewership has been declining and CBS' Guiding Light leaves the airwaves in mid-Sep-

tember after 72 years of production, first on radio, then on TV.

The future of daytime television was on the minds of many attendees.

"Daytime television has been evolving," observed Canadian ex-pat Alex Trebek, who was nominated as outstanding game show host for Jeopardy!

"Talk shows are still great ... I look around here and I see Dr. Phil is here, Montel (Williams) is here and Ellen (DeGeneres) is going to be here. These are all very successful daytime talk shows."

Those include The Tyra Banks Show, which took home the Emmy for outstanding talk show — informative for the second year in a row.

"You've got to move and I've totally redone my show from skin and guts — how it looks, feels all the way down to content, because of the changing generation," Banks said.

Soap-opera veteran Susan Lucci said fans shouldn't take the cancellation of Guiding Light as a sign the entire daytime-drama genre is in trouble.

"I think it's like nighttime TV. Just because one show gets cancelled doesn't mean nighttime TV is out the window."

The carpet was crammed with actors from Guiding Light, who gathered for a telecast tribute to their show.

But veteran Light actor Robert Newman said he's heard nothing. "And, you



Rachael Ray holds the Emmy Award for outstanding talk show entertainment backstage at the Daytime Emmy Awards

know, I'm going to be moving forward with my life and career as if it is over," he added. "If something happens, that's fantastic and I'll deal with that when it comes along. But it

has been a lot of years, and maybe sometimes things just have to move on."

The last episode of Guiding Light airs Sept. 18 on CBS.

THE ASSOCIATED PRESS

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prime-time	3	KHO	- 370	News (N)	Be-Millionaire	Jeopardy!	Wheel-Fortune	America's Got Talent		America's Got Talent (HDTV)		
	4	KBTX	- 307	Wheel-Fortune	Jeopardy!	Rick Mercer	22 Minutes	Being Erica (DVS)		CBC News: The National	The Hour	
	6	KREM	- 372	News	Hollywood	The Doctors (N)		NCIS "Legend"		(10:01) Big Brother 11	NCIS	
	7	CKEN	241 347	Law & Order: SVU	Valentine	Hell's Kitchen (PA) (N)		More to Love (N)		Your City		
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news	11	OMNI	-	Two-Half Men	The Simpsons	Omni News: S. Asian Edition		Omni News: Cantonese Edition		The Simpsons King	Metropia	
	13	KXLY	- 371	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Crash Course		Shaq Vs. (HDTV) (N)	Primetime	
	16	KAYV	- 373	The Simpsons	Raymond	Two/Half Men	Hell's Kitchen (PA) (N)		More to Love (N)		News	
	19	CHTV	-	Off Air								
	22	KSPS	- 374	Newshour With Jim Lehrer	Nova (HDTV) (DVS)	Nova scienceNOW (N)				Wild!		Be a Predator
	24	WTVS	- 364	News	scienceNOW (N)	The History Project	Keeping Up	Being Served	Tavis Smiley	Charlie Rose (N)		
	15	CBCN	- 364	CBC News: The National	Saving Luna	CBC News: The National						Saving Luna
	21	TWN	505 398	(5) EarthWatch One	EarthWatch One	EarthWatch One						
sports	27	CNN	500 500	Larry King Live (N)	Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360	
	54	CTV	501 391	CTV News Tonight	News	CTV News	News	CTV News	News	CTV News	News	
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	20	TSN	400 400	(5) Tennis U.S. Open, Men's & Women's First Round				Sportsnet Connected				
	23	net	408 418	(6) MLB Baseball	Toronto Blue Jays at Texas Rangers			Sportsnet Connected				MMA Conn
	47	SPEED	417 406	Super Bikes!	Super Bikes!	Jacked!	Jacked!	Pimp My Ride	Pass Time	Pimp My Ride	Pimp My Ride	Super Bikes!
	94	SCORE	410 403	247	NFL Star	Score Now		Score Now	Score Now	Score Now	Score Now	
	9	EDAC	267 351	Alberta Primestime (Live)	America's Got Talent	America's Got Talent (HDTV)						Primetime
family	14	YTV	552 543	iCarly	iCarly	Drake & Josh	Prank Patrol	The Penguins	Malcolm-Mid.	Family Biz	Prank Patrol	Falcon Beach
	17	TREE	553 546	Little Bear	Maggie-Beast	Big Comfy	Zigby	Max & Ruby	Babar	Backyardigans	Ni Hao, Kai-Jan	Go, Diego, Go!
	42	TOON	555 545	Ben 10	Johnny Test	Jimmy Two	Total Drama	6TEEN	6TEEN	Futurama	American Dad	Robot Chicken
	45	FAM	557 541	Zoey 101	Life Derek	Wizards-Place	Han, Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	-	TVA	121 714	TVA 18 heures	Sacré-salé	Qui perd gagne (SC)		Fort Boyard (SC)		Las Vegas Changes (SC)	TVA 22 hours	
	18	CMT	575 583	Reba	Reba	Hope & Faith	Hope & Faith	Rascal Flatts: Melt		Home Improve.	Home Improve.	Reba
	25	A&E	615 520	The First 48 (HDTV) (N)	The Cleaner (HDTV) (N)	The Cleaner (HDTV)						The First 48
	26	MMN	571 581	Wild 'n Out	High School Reunion	The Daily Fix		Wild 'n Out	Wild 'n Out			H.S. Reunion
	29	FOOD	603 561	Hell's Kitchen	Good Eats	Good Eats		Iron Chef America	Unwrapped	Unwrapped		Hell's Kitchen
	31	SHOW	617 522	Trailer Park	The Outer Limits			Termination Point (2007, Suspense)	Jason Priestley	Bones		
	32	DISC	520 505	Destroyed	Destroyed	After the Catch "Frozen Crab"	Daily Planet		Destroyed	Destroyed		After the Catch
	33	SLICE	601 562	Rich Bride, Poor Bride	Rich Bride, Poor Bride	ET Canada	Til Debt-Part	Real Housewives OC				Trading Sp
	34	W	602 567	Style by Jury	Style by Jury	Old Christine	Friends	Friends	Style by Jury	Style by Jury	Naked	
	35	TLC	521 560	18 Kids-Count	18 Kids-Count	Masters of Reception (N)	18 Kids-Count	Masters of Reception	18 Kids-Count		Jon & Kate	
	36	BRAVO	620 523	Bowfire		Law & Order		Without a Trace				My
	38	SPIKE	626 584	Deadliest Warrior (HDTV)	Surviving Disaster "Hijack" (N)	Surviving Disaster "Hijack"		CSI: Crime Scene Invstgtn.				Surv. Disaster
	40	HIST	626 506	Cities of the Underworld	Ultimate Engineering	Crime Stories (HDTV)		M*A*S*H	M*A*S*H			Underworld
	41	COM	626 547	Laughs	Comedy Now	Air Force	22 Minutes	The Simpsons	South Park	House Party		
	43	SPACE	627 528	Torchwood "Combat"		Ghost Hunters		Stargate SG-1 (DVS)	Star Trek: Next Gener.	Trek: Voyager		
	44	WPCH	294 650	Set It Off *** (1996, Action)	Jada Pinkett, Queen Latifah.			Seinfeld	Set It Off *** (1996, Action)			
	46	OLN	411 457	Survivorman		Ghost Hunters	Dog the Bounty Hunter		Survivor			
	48	TROP	619 525	Prod. Parker	Prod. Parker	'70s Show	'70s Show	The Outer Limits	ET Canada	Switch	Family Guy	
	50	STAR	621 527	Look-A-Like	Look-A-Like	Tonight Show-Conan O'Brien	TMZ	etalk	Girl Next Door	Girl Next Door	Ellen Show	
	52	HGTV	600 564	SarahCottage	Genevieve	House Hunters	House Hunters	Holmes on Homes	SarahCottage	Genevieve	HGTV's Top 10	
	65	TLN	700 800	Ma! Portiere non C'e Mai?	George Lopez	George Lopez	George Lopez	Raymond	The Sopranos (SS)	Padova		
	92	APTN	269 350	Wings-Canada	Tears	Chiefs-Champ	Tribal Treks	Milestones, Memories, and Moving Forward		Short Cuts	Moccasin Flats	
	93	VISION	261 394	Quantum Leap	Medicine Wmn	I Prophecy	Poltiergeist: The Legacy		Barton Fink *** (1991, Drama)			
	100	MTV	581 566	House, Jazmin	Daddy's Girls	House-Jazmin	MTV Live	After	House, Jazmin	Daddy's Girls	Daddy's Girls	
	101	MM	570 580	Starmaker		MuchNews	Video on Trial	One Tree Hill	Starmaker		MuchNewsWk	
	102	COAC	512 396	(6.30) Primetime Politics		Revue	Question Period		Prime-Politics	Primetime Politics		
	103	VIVA	526 507	The Closer "LA Woman"	Da Vinci's Inquest		Psychic Inv.	Encounters	Judging Amy		Missing	
	106	RDI	126 730	Le Téléjournal (SC)	RDI économie	Le National	Le Téléjournal (SC)		24 Heures en 60 minutes		Le Téléjournal	
cable variety	161	SUPER	CHARLIE BARTLETT (2007, Comedy-Drama)			(8:45) The Foot Fist Way (2006)			(10:15) Severance (2006, Horror)			

critics' corner**Good Eats**

So you think you can't cook? Alton Brown begs to differ. As this entertaining half-hour series begins a new season, Brown continues the process of demystifying cooking and making it fun, whether that involves him dressing up in costumes, telling jokes or suggesting cheap alternatives to those pricey kitchen gadgets. 11 AM on FOOD

Bowfire

If you think violins are boring and fiddles are for honky-tonk bands, this special will change your mind. Bowfire is an ensemble that does for strings what "Lord of the Dance" did for Irish dancing — turning it into a high-energy show with a little dance, a little drama and a whole lot of great tunes from all over the genre map — jazz, Celtic, bluegrass, classical and more. Just watch. 7 PM on BRAVO

NCIS

The death of a Marine leads Gibbs and McGee (Mark Harmon, Sean Murray) to the NCIS Office of Special Projects in Los Angeles, where the investigation quickly assumes vital importance concerning national security. Chris O'Donnell and LL Cool J guest star in "Legend (Part 1)." 9 PM on KREM. CITV



The Hills is losing another resident: Audrina Patridge. "I'm almost done with The Hills. We're in the middle of finishing these episodes, and I'll be leaving then," usmagazine.com quotes her as saying. METRO NEWS SERVICES

Celebrity Buzz

I still love Rihanna: Chris

OPENING UP It's been six months since the Grammy Awards weekend when Chris Brown and Rihanna got into a late-night fight that left Rihanna bruised and bloodied and her R&B star boyfriend surrendering to Los Angeles police, people.com reports.

Since then, Brown, 20, has pleaded guilty to felony assault and was sentenced last week to five years' probation.

And now, he is ready to speak: On Aug. 26, the musician sat down with Peo-

ple for his first interview and — as his mother Joyce Hawkins, a victim of domestic abuse herself, sat nearby — opened up about his shame over that "terrible" night, his enduring love for Rihanna and why he swears he'll never hit a woman again.

Among Brown's revelations:

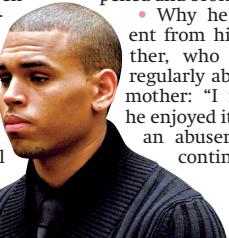
- He still loves Rihanna: "I never fell out of love with her. That just wouldn't go

away."

- How he felt right after the assault: "I was distraught ... I went to my mom on the same night and told (her) what happened and broke down."

- Why he's different from his stepfather, who he says regularly abused his mother: "I feel like he enjoyed it. He was an abuser. It was continuous."

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DJ AM's last hours revealed

LAST MOMENTS The pieces are still being put together to identify the cause of Adam (DJ AM) Goldstein's death, but a police source tells People that on Friday, Aug. 28 — the day he was later discovered dead in his Manhattan apartment — the celebrity DJ had sent his last text message to two friends at 1 a.m.

People.com reports the subject of his message was his scheduled Las Vegas gig that very Friday night at the Rain Nightclub in the Palms Hotel — but he

never made it.

Sixteen hours after Goldstein texted, a friend called 911 because Goldstein had failed to answer his cellphone and, when it was time for him to leave for his flight, his two travelling companions could not reach him.

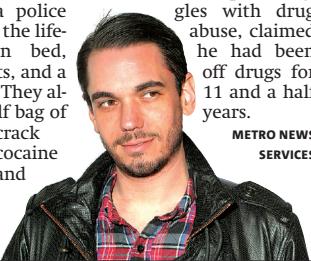
After the NYPD broke down the door to his SoHo apartment, says a police source, they found the lifeless Goldstein in bed, wearing sweatpants, and a crack pipe nearby. They also discovered a half bag of crack cocaine and

prescription drugs.

On Saturday, the New York City Medical Examiners office announced that after an initial autopsy proved "inconclusive," more tests, including a toxicology report that might require weeks, would be performed.

Goldstein, who often talked about his past struggles with drug abuse, claimed he had been off drugs for 11 and a half years.

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Baby on Heidi's brain

FIRST COMES LOVE... Heidi Montag is reportedly prepared to reproduce, but her husband, Spencer Pratt, is not quite ready for fatherhood, according to his sister, Stephanie Pratt.

"Heidi is the one with the baby fever," Pratt told MTV News. "Basically, Heidi got married; (then) she's like, 'Oh my God, what do I do?' I really feel like she went to a bookstore and saw Newlyweds: The Wife's Edition, and so now she's like, 'I still want to get a house with a white picket fence ... and then probably a dog, and then we'll move on to kids. And I want to take cooking lessons.'"

METRO WORLD NEWS



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Elton can't remember his lyrics?

ABSENT-MINDED Elton John can't seem to remember the words to his 1970 hit Your Song despite singing it for 39 years, ananova.com reports.

The superstar had an autocue hidden in a flower arrangement on stage while playing a private birthday party in Monaco.

Even the first line, "It's a little bit funny, this feeling inside," was on a teleprompter as he played the gig at the Hotel

de Paris.

"Most fans could sing Your Song in their sleep so it's funny Elton needed help with lyrics he's been doing for four decades," one partygoer said.

A representative for John insisted the autocue was only used to remind the star of the running order of the show.

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Jayde to press charges in fight?

REPERCUSSIONS Girls Gone Wild creator Joe Francis may be in trouble after his fight with reality TV star Brody Jenner. Jenner's girlfriend, Jayde Nicole, has reportedly filed a complaint with police and is planning to press charges, according to Radar Online.

Francis reportedly left the former Playboy Playmate of the Year with a

bruised cheek, a swollen face, a bruised left rib and a sore lower abdomen. An angry Jenner tweeted: "Joe Francis beat up my lady for no reason!"

Pulled her to the ground, punched and kicked her. ... How can you call yourself a man when you beat up a girl?"

METRO
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No surgery for me, says Demi

RUMOUR MILL Demi Moore denies that she's ever had plastic surgery — not that there's anything wrong with it. The 46-year-old was rumoured to have spent \$300,000 US on a makeover in 2004.

"It's completely false. I've never had it done," she told France's Marie Claire magazine. "I don't like the idea of

having an operation to hold up the aging process — it's a way to combat your neurosis. The scalpel won't make you happy. That said, the day when I start crying when I look at myself in the mirror might be the day when I'm less adamant about not having it done," she said.

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More jewels disappear

TROUBLE SEEMS TO HAVE A WAY OF FINDING HER Lindsay Lohan is in trouble once again, this time with Beverly Hill jewelry store XIV Karat, which reportedly loaned Lohan \$2 million US worth of jewels more than two months ago and now wants them back.

The only problem? Lohan doesn't have them, according to Radar Online. "Lindsay claimed that they

had been stolen from her safe. They've disappeared," a source said.

"XIV are not happy about it. The jewels were in Lindsay's care and they were only on a loaner. They were expected to be returned. If something is not resolved soon there will be legal action taken."

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Celebrity tweets

Jamie Kennedy doesn't know how to deal with people hitting on Jennifer Love-Hewitt, Paris Hilton hits the Strip in mourning, Ashton Kutcher tastes international flavours, and Selena Gomez shows some healthy curiosity.

• **@jamiekennedy** wtf???? cal genius. I miss him so much :)

• **@aplusk** There's a German in my kitchen making strudel.

• **@selenagomez** I wonder what 'Dirty Little Secret' by All American Rejects is about? I should ask them.

METRO
WORLD
NEWS



• **@parishilton** Vegas isn't the same without DJ AM spinning on the decks. He was such an incredible DJ, he was a musi-





Today
Sunny.
27°C / 11°C



Wednesday
Mostly sunny.
31°C / 11°C



Thursday
Mostly sunny.
27°C / 11°C

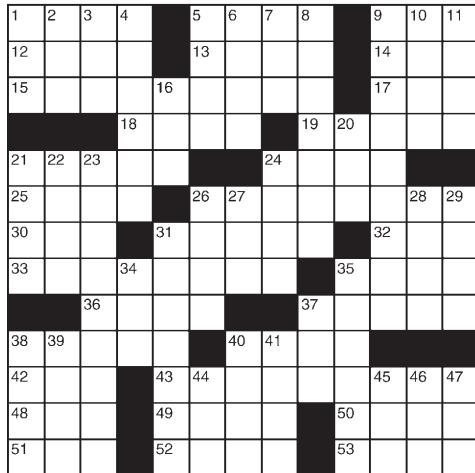


**BREAKFAST
TELEVISION**

Michele McDougall, Weather Specialist & Host — Breakfast Television

'My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes.'

WEEKDAYS AT 6 A.M.



ACROSS

- 1 Antelope's playmate
- 5 Stinging insect
- 9 Police officer
- 12 Leer at
- 13 Cake topper
- 14 Sapporo sash
- 15 Group with a job
- 17 Swab the decks
- 18 Picnic invaders
- 19 Hamstrings
- 21 Doesn't have
- 24 Staffer
- 25 Lotion additive
- 26 Non-noble
- 30 Doctrine
- 31 Lions' prides
- 32 Spy novel org.
- 33 Subway patron
- 35 Actress Gilpin
- 36 Lhasa —
- 37 Burdened
- 38 Mold and mildew
- 40 Yoked team
- 42 Moreover
- 43 Town
- 48 Altar affirmative
- 49 Neighbourhood
- 50 A Great Lake
- 51 Angeles preceder
- 52 Eye part
- 53 Lairs

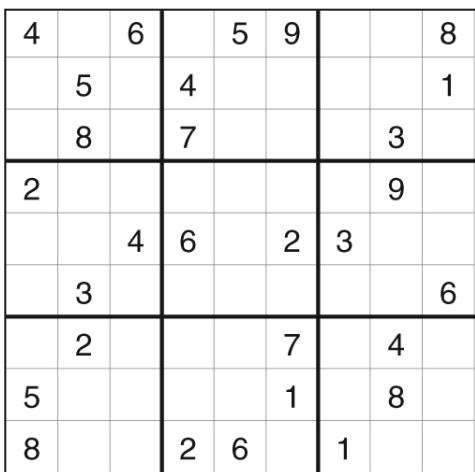
DOWN

- 1 "What's up, —?"
- 2 Id counterpart
- 3 Shady tree
- 4 Unoriginal movie?
- 5 Skater Katari-na
- 6 Performances
- 7 Witness
- 8 Earlier bouts
- 9 Began
- 10 Read instrument
- 11 Gladys Knight's backup
- 16 — and outs
- 20 Commotion
- 21 Secular
- 22 As well
- 23 Shock troops
- 24 U.S.
- 26 Censor of old Rome
- 27 Inseparable
- 28 Green land
- 29 Reason for a tarp
- 31 Rodgers & Hammerstein creation
- 34 Gasoline stat
- 35 Gave a bad review to
- 37 Romanian money
- 38 Go belly up
- 39 Destroy
- 40 Portent
- 41 Opening day?
- 44 Raw rock
- 45 Anger
- 46 Sardine container
- 47 "Absolutely"

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

BABA	LOS	AMID
ABUNDANT	SIRE	
HANGOVER	ICON	
LEA	AS MANY	
ULCER	TITO	
PAIR	RUNOVER	
SPA	RENEW	DAY
POPOVER	DAZED	
LIAIR	GAMES	
EMBALM	AUK	
VARY	PULLOVER	
ESAUR	ERUPTION	
STEP	DIM	ANNA

3	5	6	1	2	9	4	7	8
1	4	7	8	3	6	2	5	9
8	2	9	7	4	5	6	3	1
9	7	2	3	8	4	5	1	6
6	1	3	9	5	7	8	2	4
5	8	4	6	1	2	7	9	3
7	6	5	4	9	3	1	8	2
2	3	1	5	6	8	9	4	7
4	9	8	2	7	1	3	6	5

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Horoscopes by Sally Brompton

ARIES MARCH 21-APRIL 20 ♈

No matter how much you want to believe someone is being honest with you the planets warn that may not be the case. Don't take too much on trust.

TAURUS APRIL 21-MAY 21 ♉

You may find it hard to be reasonable today, especially if someone you have to deal with is clearly dragging their feet. But don't lose your cool.

LIBRA SEPT 23-OCT 23 ♎

There's lots of pressure on you and it's likely to continue until the end of the month. But in a way that's good because it will force you to toughen up.

SCORPIO OCT 24-NOV 22 ♏

Someone you're close to needs to be reminded they can't always have things their way. Tell them plainly what may happen today, and why it's no big deal.

GEMINI MAY 22-JUNE 21 ♊

Someone you are working with may try to take liberties today and you won't be amused. Bide your time and don't hit back, at least not immediately.

SAGITTARIUS NOV 23-DEC 21 ♐

Pluto in your sign is giving you big ideas, but with mind planet Mercury strong as well some of those ideas may be a bit too big to do anything with.

CANCER JUNE 22-JULY 22 ♋

If you allow yourself to get worked up about something that's not important today you may miss out on something important later in the week.

CAPRICORN DEC 22-JAN 20 ♑

Focus on positive things today. If you allow negative thoughts to influence you it may be hard to get rid of them. Don't let fear get a hold.

LEO JULY 23-AUG 23 ♌

You will leave no one in doubt about where you stand on the issues of the day. It's okay to be forceful but don't try to impose your views on other people.

AQUARIUS JAN 21-FEB 18 ♒

If you encounter hostility from a friend or a colleague today you would be wise to back off. Is there a principle at stake? No, so don't make an issue of it.

VIRGO AUG 24-SEPT 22 ♍

You should know by now that letting others in on what you are thinking is not always a good idea. Some things are best kept to yourself.

PISCES FEB 19-MARCH 20 ♓

Other people's opinions may drive you crazy but you won't change them by pointing out how stupid they are. Listen to what they have to say.

Today in history

SEPT. 1, 1905: Alberta and Saskatchewan join the Canadian confederation.

SEPT. 1, 1914: The last passenger pigeon, a female named Martha, dies in captivity in the Cincinnati Zoo.

SEPT. 1, 1939: Second World War — Nazi Germany attacks Poland, beginning the war in Europe.

SEPT. 1, 1980: Terry Fox's Marathon of Hope ends in Thunder Bay, Ont.

SEPT. 1, 1982: The Canadian Charter of Rights and Freedoms is adopted as part of the Constitution.

SEPT. 1, 1985: A joint American-French expedition locates the wreck of the RMS Titanic. METRO NEWS SERVICES

WORDY GURDY®

1. One who illegally takes a fall falter (1)
2. Approaches singer Britney (1)
3. Show disdain for smut mags (1)
4. Small-minded oil baron John Paul (2)
5. Latter-day Saint entrance attendant (2)
6. Yellowbelly took a bath alternative (2)
7. Pleasure-sailing bad-winner behavior (2)

BY TRICKY RICKY KANE
Every answer is a playing
pair of words like FAT CAT
and DOUBLE TROUBLE,
and they will fit in the letter
squares. The number after the
definition tells you how many
syllables in each word.

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ANSWERS
1. ROBBIN 2. THERP 3. NEARS SPERAS 4. SCHON PORN 5. PETTY GETTY
6. MEATIE THIEF 7. COWARDIN 8. COWARDIN SHOWBIZ 9. HOTTING GLUTTONY

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Join the Valley Zoo Development Society in raising funds for "Nature's Wild Backyard"; the next addition in the Zoo's Master Plan.

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- Nos to nose animal encounters with Zoo residents
- Live musical performance by Ian Alleyne
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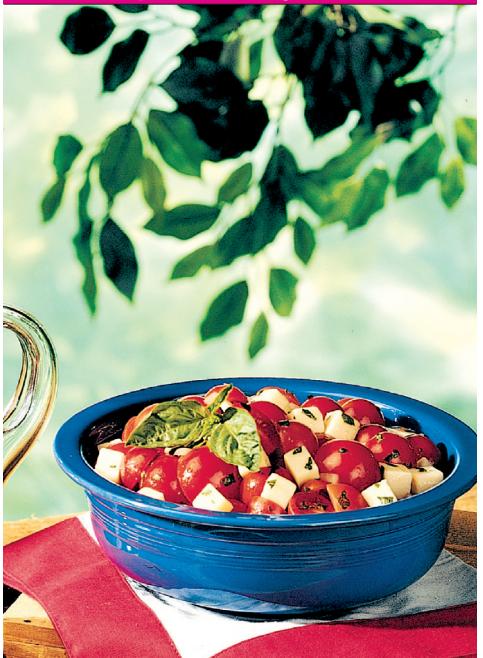
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Take Five

Metro Recipe of the Day



vinegar, garlic, salt and pepper. Whisk in oil until well blended. Add remaining ingredients; toss to coat.

2. Cover and refrigerate 1 hour, stirring occasionally. Remove with slotted spoon to serving dish.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



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DEALS to the WEEK

Santa Clara via Calgary
Barceló Cayo
Santa Maria • 4★
All-Inclusive • Junior suite
Sept. 6-27 • 1 wk.

\$739
Taxes & fees: \$212

London
Hotel Ibis London
Earls Court • 3★
Breakfast • Standard rm.
Oct. 5, 21 & 26 • 3 nts.

\$747
Taxes & fees: \$474

Paris via Toronto / Montreal
All Seasons

Paris Gare Est • 3★
Breakfast • Standard rm.
Oct. 1, 4, 7, 15, 16, 23 & 29 • 3 nts.

\$767
Taxes & fees: \$427

Varadero via Calgary
Sirenis La Salina
Varadero • 4★
All-Inclusive • Standard rm.
Sept. 6 & 13 • 1 wk.

\$789
Taxes & fees: \$212

Cancun / Riviera Maya
Occidental

Grand Xcaret • 4 1/2★
All-Inclusive
Royal Club luxury rm.
Dec. 24 • 1 wk.

\$1759
Taxes & fees: \$258

Puerto Vallarta via Calgary
Canto del Sol
Plaza Vallarta • 3 1/2★
All-Inclusive • Standard rm.
Nov. 7-28 • 1 wk.

\$799
Taxes & fees: \$267

Gran Bahia
Principe Tulum • 5★
All-Inclusive • Standard rm.
Dec. 24 • 1 wk.

\$2039
Taxes & fees: \$258

Los Cabos via Calgary
Barceló
Los Cabos • 5★
All-Inclusive • Junior suite
Jan. 3, 10 & 17 • 1 wk.

\$1199
Taxes & fees: \$268

Honolulu via Calgary
Ohana
Waikiki West • 3 1/2★
Aloha - Run of the house
Dec. 6 & 13 • 1 wk.

\$899
Taxes & fees: \$134

DEALS on CRUISES

Royal Caribbean International®
Mariner of the Seas®
Mexican Riviera Cruise
Flights to Los Angeles via Vancouver
Interior stateroom, cat. N
Dec. 6 • 1 wk.

\$939
Taxes & fees: \$183

Rhapsody of the Seas®
Hawaii Cruise
Flight to Honolulu via Vancouver,
Interior stateroom, cat. M
Apr. 27 • 10 nts.

\$1689
Taxes & fees: \$145

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